

Advancing Psychological Scholarship for a Changing World

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Introduction

In this 2025 issue of *New Voices in Psychology*, we continue to spotlight innovative and contextually grounded psychological scholarship that speaks to the evolving complexities of human behaviour, health and well-being across diverse settings. The articles featured in this edition reflect the journal's enduring mission to nurture new and emerging voices in psychology — voices that challenge convention, deepen understanding and offer transformative insights into contemporary psychosocial realities.

This issue consists of eight thought-provoking contributions, comprising seven original research articles and one commentary perspective. Together, they reflect a rich tapestry of psychological inquiry that traverses professional contexts, cultural boundaries and pressing social issues. The collective works reaffirm the journal's commitment to fostering multidisciplinary and globally relevant conversations that advance the science and practice of psychology.

Exploring Psychosocial and Emotional Dimensions of Care

Several **original articles** in this issue explore the intricate relationship between emotional regulation, occupational stress and psychological resilience within healthcare environments.

Fengxia Wang and Chen Chen examine *emotional management among emergency nursing personnel in selected Chinese public hospitals*, revealing how coping strategies influence resilience in high-pressure clinical contexts.



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Tuwilika Endjala, Emma Nghitanwa and Saara Hatupopi present a poignant study on *the psychological impact of maternal deaths and fresh stillbirths on midwives in Namibia*, highlighting the silent emotional burden of caregiving and the urgent need for structured psychological support mechanisms.

Liu Xiao investigates *the correlation between primary caregiver burden and anxiety among breast cancer patients*, providing empirical insights into the emotional toll of caregiving and implications for psychosocial interventions.

Similarly, **Yan Chen and colleagues** explore *psychological resilience in patients with hyperthyroidism*, contributing to the growing discourse on chronic illness, stress adaptation and mental well-being.

Gendered and Cultural Perspectives on Psychological Well-being

A strong thread running through this issue is the exploration of gender, identity and culture as defining dimensions of psychological experience.

Cily E.M. Tabane and Thato L. Nchoe-Giliana offer a compelling narrative in “The Lived Psychological Experiences of South African Female Offenders Coping in Involuntary Solitary Confinement,” unpacking layers of trauma, endurance and identity reconstruction in highly restrictive environments.

Caroline Nkatha Ngondu and Nokuthula Caritus Mazibuko contribute “The Psychological Perspective of Female Genital Mutilation/Cutting (FGM/C) Among Women in Kenya,” a critical analysis linking cultural practices to enduring psychosocial harm and advancing global advocacy for women’s psychological rights.

Phonia N. Bopape and Thandisizwe R. Mavundla present a transformative study titled “Psychosocial Experiences of Sexual and Gender Minority Nursing Students in a South African College,” offering both empirical depth and activist insight into inclusivity, institutional reform and the psychosocial realities of identity-based marginalisation in higher education.

Bridging Psychology and Health Systems

Lastly, this issue closes with a timely and forward-looking **commentary perspective**, titled “Promoting Psychological and Mental Well-being Competencies in Nursing Leadership: Advocating the Adoption of the 2025 National Nursing Leadership Competency Framework in South Africa.” The authors make a compelling case for integrating psychological resilience, emotional intelligence and stress management into leadership development. Anchored in the new National Nursing Leadership Competency Framework, the article calls for institutional reform and leadership models that prioritise mental well-being and sustainability within South Africa’s healthcare system.

Looking Ahead

Collectively, these eight contributions exemplify the intellectual diversity and critical engagement that *New Voices in Psychology* continues to champion. They remind us that psychological scholarship is not only about understanding the human mind but also about transforming the social conditions that shape it. The themes of this issue — resilience, emotional intelligence, cultural identity and inclusion — resonate deeply within the global pursuit of equity, empathy and human dignity.

As *New Voices in Psychology* advances through 2025, we reaffirm our vision to be a dynamic platform that bridges research, practice and advocacy. We remain steadfast in supporting scholarship that is innovative, context-sensitive and socially responsive — scholarship that amplifies new voices while influencing policy and practice within and beyond the discipline of psychology.

To our readers, reviewers, and contributors — thank you for your continued commitment to advancing psychological science and thought leadership. May this October 2025 issue inspire renewed dialogue, collaboration and transformative action across the global community of psychology scholars and practitioners.

A Call to Future Contributors

As *New Voices in Psychology* looks ahead to its forthcoming issues, we warmly invite scholars, practitioners and students to contribute manuscripts that align with the journal's focus on contextual, innovative and socially engaged psychological research. We particularly encourage submissions that explore African-centred perspectives, emerging mental health challenges, gender and identity studies, and applied psychological practices that respond to the realities of contemporary societies.

By publishing with *New Voices in Psychology*, you join a growing community of thinkers committed to advancing psychology as both a science and a tool for social transformation. We look forward to receiving your submissions and continuing the collective pursuit of knowledge that informs and uplifts humanity.

We thank all authors for their continued support of our journal.