

Editorial

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The first issue of the Africa Journal of Nursing and Midwifery (AJNM) of 2025 is a scholarly, peer-reviewed publication focused on advancing scholarship in nursing and midwifery and broader health sciences, featuring 15 articles. It offers submissions on current health issues that promote theoretical and practical scientific evidence across various cross-disciplinary interests.

The increasing call for the AJNM to publish scientific evidence in nursing and midwifery is a response to the constant need for healthcare systems to evolve through the incorporation of scientific knowledge and evidence-based practice (EBP). The journal serves as a platform for the dissemination of high-quality, evidence-based research that advances the scientific foundation of nursing and midwifery. Its contributions aim to enhance clinical interventions, improve patient outcomes, and elevate the quality and safety of healthcare delivery within these disciplines and throughout the global health landscape.

In this issue, we present a collection of articles that exemplify the principles of collaboration between the nursing and midwifery and health sciences disciplines. The articles present different methodologies of studies and share data on human resource management, maternal and obstetric care, paediatric and adolescent care, mental health care, non-communicable and communicable diseases, nursing and midwifery education, as well as social pathology. We encourage our readers to embrace the evidence from these articles, as they are essential for the advancement of knowledge.

We hope that the articles in this issue will help advance your own research and contribute to evidence-based practice in healthcare.